



# DansConnection Dance Studio

*Flamenco, Latin, & Ballroom Dance*

*Open to ages 16 and over*

## *Latin & Flamenco Recreational Dance for Adults*

This high energy class will awaken your body, release your worries and refresh your spirit. Margarita will introduce you to a variety of basic steps and simple choreography to experience the sensual joy of Latin dancing and the powerful passion of Flamenco. Spice up your life as you shake up your shoulders, wiggle your hips and tap your feet to the exhilarating rhythms of Salsa, Cha-Cha-Cha, Cumbia, Merengue, Flamenco Tango, Rhumba and more! No experience necessary, only the desire to dance and have fun.

### **January 18th - March 5th**

Thursday 8:45-9:45pm  
7 week session cost:\$140

### **April 12th - May 14th**

Thursday 8:45-9:45pm  
6 week session cost:\$120



## *Latin, Ballroom Mix ~ Social Dance for Couples*

Add some sizzle to your dance repertoire. Loosen up and enjoy learning the free flowing versions of Latin-spiced dance and the elegance of ballroom dancing. Margarita will introduce you to a variety of basic steps, technique and simple choreography to Latino & Ballroom dance rhythms such as Salsa, Cumbia, Merengue, Cha-Cha-Cha, Mambo, Tango, Rhumba, Waltz and more. Improve your coordination and gain confidence on the dance floor. Experience not necessary

Friday 6:30-7:30pm & 7:30-8:30pm

### **January 18th - March 5th**

7 week session cost:\$210/couple

### **April 12th - May 14th**

6 week session cost:\$180/couple

## **Kinder Dance: \$90/session**

**Monday 10:00 - 10:30am**

**2-3yrs. Parent & Tots:** What a fun way to introduce your toddler to music, rhythm and creative movement. Children in this 30 minute class will be introduced to Ballet & Jazz. It is a session class that will not participate in the recital.

(Dancers: Bodysuit & ballet shoes. Parents: Comfortable clothes and clean gym shoes or socks.)

## **Kinder Combo: \$90/session**

**Monday 10:30 - 11:00am**

**3-4 yrs.:** This 30 minute class will use props and stories to introduce dance and creative movement. Children in this class will be introduced to Ballet, Tap & Jazz. It is a session class that will not participate in the recital.

(Dancers require bodysuit & ballet shoes)

## **Diva Dance: \$99/session**

**Monday 11:00 - 11:45am**

**4-5 yrs.:** This class will use props and stories to introduce dance and creative movement. Children in this 45 minute class will be introduced to Ballet, Tap & Jazz. It is a session class that will not participate in the recital.

(Dancers require bodysuit & ballet shoes)

## **Mini Hop: \$90/session**

**Monday 4:00-4:30pm**

**5-6yrs:** This class is sure to get your body movin'! You will learn age appropriate hip hop moves and routines. You will be the hit of any party with your cool new moves. This class is nonstop fun for 30 minutes. It is a session class that will not participate in the recital.

(Comfortable clothes and clean tennis shoes)

## **ADULT PROGRAMS: \$125/session**

Whether you have two left feet or are semi-pro, all of our adult classes are sure to make you sweat, smile and keep you in great shape!

DansConnection is now offering unique styles of dance at convenient times.

What a great way to spend time with your friends and stay healthy and fit! Unless there is interest - Adult classes will not participate in the recital.

### **Ballet:**

**Thursday 8:00-9:00**

This Adult Jazz class incorporates stretching, floor work and basic to intermediate dance movements. You won't even realize your exercising.

### **Jazz:**

**Monday 8:30-9:30**

This Adult Jazz class incorporates stretching, floor work and basic to intermediate dance movements. You won't even realize your exercising.

### **Tap:**

**Thursday 9:15-10:15pm**

This class is designed to help with coordination, rhythm and timing. Focusing on intricate footwork and syncopation. Thursday

### **Hip Hop:**

**Tuesday 7:45 - 8:45pm**

This class is a high-energy class full of great moves to cool music. Super cardio!