

DansConnection Performance Hair

Hair Essentials



- Bobby pins (thin and close together) in hair appropriate color (for bangs)
- Brush and comb
- Spray water bottle
- Gel, (i.e. Dep or Dippity Do)
- Hairspray
- Hair pins (thick and spread apart) in hair appropriate color (for buns)
- Hair net in hair appropriate color (for buns only)
- Hair piece for costume (if provided)
- Pony tail holders
- Curling Iron (approx. ½ inch to 1 inch depending on length of hair and size of curl needed)

How to Make a Bun



- Dampen hair with water
- Apply gel (i.e. Dep or Dippity Do) all over the hair.
- Brush all the hair up into a high pony tail on the very top of the head (ages 3 and 4, 5 classes) or in the center of the back of the head (ages 6 and up). If you're not sure where to place your bun, check with your teacher.
- Secure the pony tail with hair elastic that is the appropriate size for the amount of hair you have (or don't have).
- Add bobby pins and more gel to secure fly always and bangs. Place the bobby pins in a X shape to provide excellent hold. Be sure to use bobby pins that match your hair color.
- To create the bun, twist the hair and wrap it around the base of the ponytail pinning as you go around. Be sure to use thick hair pins in a color that matches your hair.
- Cover the bun with a hairnet by twisting the net over the bun until you have at least two layers of netting over the bun. Wrap the remaining net around the base of the bun and secure it with hair pins. Be sure to use hairnet that matches your hair.
- Bangs and sides should be slicked back with a bun at the top of the head.
- Do your hair at home and touch it up with unscented gel or water.

How to make a High Curly Ponytail



Dampen hair with water

Apply gel (i.e. Dep or Dippity Do) all over the hair.

Brush all the hair up into a high pony tail on the very top of the head (ages 3 and 4, 5 classes) or in the center of the back of the head (ages 6 and up). If you're not sure where to place your ponytail, check with your teacher. Secure the pony tail with hair elastic that is the appropriate size for the amount of hair you have (or don't have).

Add bobby pins and more gel to secure fly always and bangs. Place the bobby pins in a X shape to provide excellent hold. Be sure to use bobby pins that match your hair color.

Divide ponytail into small pieces. Spray hair with hairspray then curl with curling iron. Hold curl on iron for at least 5 sec. To ensure curl will hold.

Once entire ponytail is curled re spray the ponytail with hair spray

Do your hair at home and touch it up with gel or water.

How to make Ponytail 1/2 up 1/2 down

Repeat above steps but only Brush half of the hair up into a high pony tail on the very top of the head (ages 3 and 4, 5 classes) or in the center of the back of the head (ages 6 and up). If you're not sure where to place your ponytail, check with your teacher. Secure the pony tail with hair elastic that is the appropriate size for the amount of hair you have (or don't have).

Help

Help! We have tried to grow her hair long but it is thin and she doesn't have enough hair to make a bun. What do I do?

Go ahead and use the gel instructions. Slick all of the hair toward the top ponytail. Make a small little ponytail on top using the hair from the top of the head. You may end up with a little sprig of hair sticking straight up like Little Rascal's Alfalfa. Secure the wispy hair with bobby pins making Xs all the way around the head. Don't forget the bangs. For the bun, you can flop the sprig over and secure it with a barrette and cover it with the hair piece and call it good. If you really want the look of a bun, you can easily add a fake bun. You can purchase fake buns at beauty supply stores or drug stores. Some kids have enough hair to fan out and comb over the top of the fake bun covering it completely.

She has a "short" hair cut. What do I do?

You could follow the directions above or you could just pull it back away from the face with barrettes, pull back the bangs with barrettes as well and leave the rest alone. We need the faces to look uniform with no bangs or hair in the face. If the cut is really short in back, you may choose to just leave it alone in the back.

Where do I buy all this hair stuff?

Most drug stores and discount stores (Wal-Mart or London Drugs) carry hair supplies. You can also get them at a beauty supply store or at Ready Set Dance. Do not buy colored or metal barrettes unless they are the color of your hair or concealed by your bun.

Most dancers use a tackle box or make up box (i.e Caboodle) for all their hair and make-up items. This keeps everything in one place. It comes in handy and makes it very easy to find everything you need when it is performance day! Please insure that all kits and important items are labelled with your name.